SOUTHLANDS NURSING CARE
INTERNATIONAL PRIVATE CARE



Care that respects the way you live.

Private nursing and personal care, arranged around you.
Thoughtfully prepared before you arrive.

CLINICAL EXPERTISE · A PERSONAL RELATIONSHIP

A personal responsibility.



Olasunbo Rabiu-Salau

Founder & Clinical Director

UK Registered Nurse

Inviting someone into your home and trusting them with your care is a personal decision. That deserves time, attention and a clear understanding of what matters to you.

My background in surgical nursing, community complex care, tracheostomy care and nurse case management shapes the standards I set for SafeHands.

We take your clinical needs seriously, while respecting your privacy, your preferences and the way you choose to live.

Ola

SafeHands Nursing Care

Private nursing. Personal care.

Individually arranged support for adults and children visiting or relocating to England, subject to assessment and service suitability.

Surgery & recovery

Nursing and personal care after hospital discharge, following your treating team's instructions. Support can include medication, mobility, personal care and agreed clinical tasks.

Complex nursing

Care for ongoing needs such as tracheostomy and ventilation support, neurological conditions, spinal injury and enteral feeding. The required skills and staffing are assessed individually.

Daily living & older relatives

Assistance with personal care, mobility and familiar routines, including support for people living with dementia or physical disability.

Daytime, overnight, live-in or round-the-clock arrangements.
Registered nurses, care professionals or both, matched to the agreed care plan.

Before you travel, we can begin.

From your first conversation, we work to understand the care you need and how it will fit around your stay.



London · photograph by Zisimos Zizos / Unsplash

01 Your plans

Tell us your needs, dates and proposed care address.

02 Assessment & liaison

With consent, we review records and speak with your clinical team or hospital.

03 Your proposal

We agree care, staffing, hours, oversight, fees and practical requirements.

04 Care in place

Care begins when the plan and team are confirmed, with review during your stay.

Timing is urgent? Tell us. We confirm the earliest feasible start after reviewing your needs, staffing, equipment and handover.

Care across England. Personally arranged.



GREAT BRITAIN · LOCATION GUIDE

Across England

Private nursing and personal care across England, arranged around your needs and where you choose to stay.

Other UK locations

Planning a stay elsewhere in the UK? Please enquire. We review each request against your needs, staff availability and local registration requirements.

Care may take place in a private home or suitable temporary accommodation, subject to assessment, access and any necessary permissions.

The standard behind the personal service.

Attentive care depends on clinical preparation. These arrangements are established before your care begins.

Understanding your needs

We take time to understand your clinical needs, preferences and care setting, shaping your support around you.

Preparing the right team

Staff are matched to agreed roles, with person-specific preparation and competency assessment.

Keeping care under review

Your care plan records support, risks, clinical contacts and escalation arrangements. Changes in your needs prompt review.

Clinical oversight is part of the care you commission.

DISCRETION

We agree who receives updates and how you prefer us to communicate. Your routines and personal preferences inform your care.

CQC REGISTERED

Personal Care and Treatment of disease, disorder or injury.

Registration details and conditions are available through our CQC record.

Meeting you before you arrive.

A personal assessment, by arrangement

There is no need to wait until you arrive to begin planning. We can work with you directly or with a representative you authorise.

Planning from abroad

With your consent, we review relevant records and speak with your current clinical team and the UK hospital expecting you. Where an in-person visit is not needed, planning can begin remotely.

Meeting you in person

For more involved arrangements, a member of our clinical team may visit you at home or in hospital overseas, by prior agreement and where permitted locally. We discuss your current support, daily routines, communication preferences and the people you want involved.

Preparing for your stay

The assessment helps us consider staffing, equipment, your proposed care setting and the information needed for handover. We explain the arrangements and any outstanding requirements before confirming your care package.

You may involve a family member, personal assistant, case manager or other appointed representative. Overseas assessment fees and travel costs are agreed in advance. Your treating team remains responsible for treatment and fitness-to-travel decisions.

SAFEHANDS NURSING CARE

A confidential conversation.

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contact@shnc.org.uk

shnc.org.uk/international-care

OFFICE ENQUIRIES

Monday to Friday, 9am–5pm UK time

1st Floor, Romer House
132 Lewisham High Street, London SE13 6EE

Meetings by appointment